

## Chocolate Snack Bites

- 1 cup Quick Oats
- 1/3 cup Ground Flax
- 1/4 cup Cocoa Powder
- 2/3 cup Unsweetened Coconut Flakes

*Layer in a pint size jar as follows: 1/2 cup oats, the flax, the cocoa powder, the coconut flakes, and 1/2 cup oats.*

## Krispie Snack Bites

- 1/2 cup Quick Oats
- 1/2 cup Rice Krispie Cereal
- 1/3 cup Ground Flax
- 1/3 cup Unsweetened Coconut Flakes
- 1/3 cup Golden Raisins

Layer in a pint size jar in the same order as listed above.

## Mini Chip Snack Bites

- 1 cup Quick Oats
- 1/3 cup Ground Flax
- 1/3 cup Unsweetened Coconut Flakes
- 1/3 cup Mini Chocolate Chips

*Layer in a pint size jar as follows: 1/2 cup oats, the flax, the coconut flakes, the chips, and 1/2 cup oats.*

Include a label or tag with the following instructions:

***Combine 1/2 cup peanut butter, 1/3 cup honey, and 1 teaspoon vanilla extract in a mixing bowl. Add the contents of the jar and mix well. Roll the mixture into balls. Makes approximately 20, 1" balls.***

Printable labels for these Healthy Snack Bites can also be found at:  
[www.themakeyourownzone.com/layered-jar-mix-healthy-snack-bites/](http://www.themakeyourownzone.com/layered-jar-mix-healthy-snack-bites/)

